

Module/Unit of Learning	Taught During	What will students learn?	How does this help to build a broad and strong foundation?	Links to other Subjects
Managing Relationships	September – early October	Students learn how to build and maintain positive friendships, understand the purpose of rules and expectations, and recognise the features of healthy relationships. They explore different types of committed relationships and family structures, developing clarity around what respectful communication and supportive friendships should feel like.	This module helps students settle into secondary school by strengthening their confidence in forming relationships and navigating social situations. It promotes empathy, respect and positive communication, laying the foundation for future wellbeing, citizenship and personal development learning.	PE – teamwork and positive communication Religious Studies – relationships, family structures and respect English – speaking, listening and discussion skills
First Aid & Personal Safety	Mid October	Students are introduced to essential first aid knowledge and safe ways to respond in an emergency. They learn how to assess risks, when to seek help and how to act responsibly to protect themselves and others.	This module equips students with practical, potentially life-saving skills and builds their confidence in responding appropriately to real-life scenarios. It encourages responsible decision-making and increases their awareness of personal safety.	Science – the human body PE – injury prevention and safety
Community and Me	Late October – December	Students explore the meaning and importance of the Protected Characteristics and consider how they shape an inclusive society. They examine the influence of social media on individuals and communities and learn strategies for managing online conflict and contributing positively to their environment.	This module deepens understanding of equality and respect while developing students' confidence in navigating their place within a diverse community. It strengthens digital responsibility and encourages students to think critically about their interactions both online and offline.	Computing – online behaviour and digital literacy Religious Studies – tolerance, identity and equality

Curriculum Summary Document

Year 7 – PSHE

Growing Together: Relationships, Community & Personal Development

Digital Literacy	January – February	Students learn what fake news is, how misinformation spreads and the tactics used in online scams. They also explore why trolling occurs and how to manage or respond to negative online behaviour safely and appropriately.	This module strengthens students' ability to question and analyse information, helping them become more discerning digital citizens. It supports safe online navigation, builds resilience against manipulation and encourages thoughtful participation in digital spaces.	Computing – online safety and digital citizenship English – evaluating and interpreting sources
Democracy and Me	February – March	Students explore the concept of democracy, how Parliament works and why elections matter. They develop an understanding of the structures that underpin British society and begin to consider their own role within a democratic community.	This module lays the groundwork for early political literacy and prepares students to engage thoughtfully with civic life. It encourages responsible citizenship and strengthens their understanding of key British values.	History – development of democracy Religious Studies – British values and community
Future Focus	April – June	Students reflect on their personal aspirations and learn how to set meaningful goals. They develop an understanding of budgeting, saving and borrowing, learning why financial planning is important and how it links to independence and future choices.	This module supports personal development by building early financial literacy and encouraging students to take ownership of their goals. It prepares them for increasing independence as they progress through secondary school.	Maths – budgeting and financial calculations Tutor Time – personal reflection and goal setting
Recap and Review	July	Students revisit and consolidate the key knowledge and themes covered throughout the year, reflecting on how their understanding and personal skills have developed. They identify areas of growth and consider next steps for the following year.	This module reinforces key learning, strengthens retention and encourages students to recognise their progress. It supports a smooth transition into further PSHE content in Year 8.	Tutor Time – reflection and personal development