

Cornwall Education Learning Trust Curriculum Lessons 2025-26										Food																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																							
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Week Beg.										1-Sep		8-Sep		15-Sep		22-Sep		29-Sep		6-Oct		13-Oct		3-Nov		10-Nov		17-Nov		24-Nov		1-Dec		8-Dec		15-Dec		5-Jan		12-Jan		19-Jan		26-Jan		2-Feb		9-Feb		23-Feb		2-Mar		9-Mar		16-Mar		23-Mar		30-Mar		20-Apr		27-Apr		4-May		11-May		18-May		1-Jun		8-Jun		15-Jun		22-Jun		29-Jun		6-Jul		13-Jul		20-Jul																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																											
Year 7 (Class of 2030)										Health and safety				Potato Wedges				Eatwell guide				Bread Rolls		Bread Rolls		Commodities - Wheat				Shortbread		Commodities - Dairy		Mini Pizza		What are vitamins		Scones		Farm to Fork - Eggs				Muffins		Farm to Fork - Fishing		Stir Fry		Farm to Fork - Vegetarian Alternative (tofu)		Jam Tarts		Jam Tarts		Food Miles and Seasonality		End of Year Practical		Food Labelling and Recipes		Evaluation		CEW Week																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	
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YEAR 10 (Class of 2027)						
Data Entry Deadlines		Introduction to Food Prep and Nutrition	Balanced Diet	Micro-nutrients - Vitamins	Micro-nutrients - Minerals	vegetables
Week Beg.	1-Sep			EVE		Fruit
	8-Sep					
	15-Sep					
	22-Sep					
	29-Sep					
	6-Oct					
	13-Oct					
	3-Nov	Milk				
	10-Nov	Milk Tasting and Production				
	17-Nov	Yogurt				
	24-Nov	Cream				
	1-Dec	Cheese production				
	8-Dec	Cheese tasting and sensory analysis				
	15-Dec	Packaging				
	5-Jan	Wheat and processing				
	12-Jan	Bread				
	19-Jan	Pasta				
	26-Jan	Rice				
	2-Feb	Science of Cereals				
	9-Feb					
	23-Feb	Eggs				
	2-Mar	Eggs				
	9-Mar	Poultry				
	16-Mar	Meat				
	23-Mar	Meat				
	30-Mar	Fish				
	20-Apr	Butter & Spread				
	27-Apr	Oils				
	4-May	Sugar and Syrup				
	11-May	Vegetarian and Vegan Alternatives				
	18-May	Food Choice				
	1-Jun	Nutritional Requirements				
	8-Jun	Cooking Methods				
	15-Jun	Effects of Cooking Food				
	22-Jun	Contamination & Food Poisoning				
	29-Jun	Sensory Analysis				
	6-Jul	NEA Mocks				
	13-Jul	NEA Mocks				
	20-Jul	Wex				
GCSE Exams						