

Curriculum Summary Document

Year 11 – PSHE

Healthy Relationships, Personal Safety and Preparing for the Future

Module/Unit of Learning	Taught During	What will students learn?	How does this prepare students to navigate adulthood, independence and their future pathways?	Links to other Subjects
Managing Conflict and Relationships	September – early October	<p>Students explore how to manage conflict within relationships and how communication, empathy and mutual respect influence outcomes.</p> <p>They revisit key aspects of sex and relationships, learning to recognise the difference between healthy and controlling behaviours.</p> <p>The module helps students consider how trust, autonomy and boundaries contribute to positive relationships in adolescence and adulthood.</p>	<p>This module strengthens students' confidence in navigating complex interpersonal situations.</p> <p>It helps them recognise harmful behaviours, communicate clearly and maintain healthy boundaries—skills essential for adult relationships and independent living.</p>	<p>Religious Studies – values, respect and ethical decision-making</p> <p>Science – sexual health and human biology</p>
Sexual Health, Fertility and Routes to Parenthood	October	<p>Students deepen their understanding of sexual health, exploring fertility, conception and the different routes to parenthood.</p> <p>They consider the emotional, legal and practical responsibilities involved in becoming a parent and begin to understand how lifestyle choices influence reproductive health.</p>	<p>This module equips students with the knowledge needed to make informed decisions about their sexual health and future family aspirations.</p> <p>It encourages responsible behaviour and helps them consider the long-term implications of relationships and lifestyle choices.</p>	<p>Science – reproduction, fertility and contraception</p> <p>Tutor Time – personal aspirations and responsibilities</p>
Choices and Checking: Health, Consent and Safety	November – December	<p>Students learn how to self-check for signs of testicular and breast cancer and why early detection is important. They revisit the principles of consent, understanding how to communicate personal boundaries and respect the boundaries of others.</p> <p>Students also explore the range of contraceptive options available and how each one works, promoting informed and responsible choices.</p>	<p>This module promotes agency, self-care and personal responsibility.</p> <p>It develops students' ability to protect their own health, navigate intimate situations safely and make confident, respectful decisions as they move into adulthood.</p>	<p>Science – health, disease and anatomy</p> <p>Religious Studies – consent, respect and personal values</p>

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Drugs, Alcohol and Influence	January – February	<p>Students examine how to assess risks related to substances, recognising the immediate and long-term physical and social consequences.</p> <p>They consider how influence—whether from peers, social groups or media—shapes decision-making.</p> <p>The module also covers how to seek help, both for themselves and others, and explores the damage drugs can cause to physical and mental health.</p>	<p>This module strengthens students' judgement and decision-making in high-risk situations.</p> <p>It helps them recognise harmful influences, take responsibility for their safety and understand when and how to access support—critical competencies for independent adulthood.</p>	<p>Science – effects of substances and health impacts</p> <p>PE – healthy lifestyles and risk avoidance</p>
Careers, Employment and the World of Work	March – April	<p>Students learn how to make a strong first impression and explore the diversity of roles within the modern workplace.</p> <p>They are introduced to key employability laws, understanding their rights and responsibilities as future employees.</p> <p>The module builds students' confidence in preparing for interviews, work experience and future employment pathways.</p>	<p>This module supports students to step confidently into further education, apprenticeships or employment.</p> <p>It strengthens their understanding of workplace expectations, legal protections and the behaviours that contribute to professional success.</p>	<p>Tutor Time – careers guidance and next steps</p> <p>Maths – financial literacy and employment-related calculations</p>
Final Preparation: Healthcare, Fertility and Decision-Making	May - June	<p>Students revisit key concepts about abortion, reproductive healthcare and fertility, ensuring that they have accurate, balanced and respectful understanding before leaving Key Stage 4.</p> <p>They consider the ethical, medical and emotional dimensions of these topics and explore where and how to access confidential advice and support.</p>	<p>This module ensures students leave school with the maturity, knowledge and confidence needed to make informed decisions about sexual health, reproductive choices and medical support.</p> <p>It prepares them to exercise agency and responsibility as they approach adulthood.</p>	<p>Science – reproductive healthcare and medical ethics</p> <p>Religious Studies – moral reasoning and values</p>